Checklist for Authors submitting original articles

Before you submit your manuscript, please check *Guidelines for Submitting Manuscripts* and *Publication Policies* to ensure that your manuscript is relevant and in the correct format.

Relevance to the JUL

- Please check with the list in *Publication Policies* that the subject matter of your paper actually falls within the scope of the *JUL*.

Title

- Is the title clear and informative and does it reflect the aim and approach of the article?

Abstract

- Is your abstract concise (approximately 200 words) but conveying as much information as possible about the content of your article?

- Does a list of 4 to 8 keywords immediately follow an abstract?

Abbreviations

- Are abbreviations explained at first occurrence?

Figures and Tables

- Are tables numbered in Arabic numerals (e.g., Table 1) and do they include a title which makes the meaning clear without reference to the text?

- Are illustrations numbered in Arabic numerals (e.g., Figure 1) and do they include a title and a short explicit legend?

References

- Have you followed Guidelines for Submitting Manuscript of the JUL and contained every required element in the references?

- The accuracy of the references is the responsibility of the author.

Originality

- Please check with the list in *Ethics Standards for the Institute* and ensure that you observe the ethical obligations of authors.